

# Bulldog Blitz

BUTLER HIGH  
SCHOOL



March 2025



## Upcoming March Events

March 4-5	Progress Reports Sent Home
March 6	Virtual Spring Curriculum Night
March 11	ACT Test (11th Grade Students ONLY)
March 26	1st/2nd Block Midterms
March 27	3rd/4th Block Midterms
March 28	Makeup Midterms
	Last Day of the 3rd Quarter
	DreamTeam's Against Violence Basketball Game
March 31	No School (Teacher Workday)

**Principal:**  
Yolanda Blakeney

**Assistant**

**Principals:**

Melissa Booth

Last names A-Est, S- Sz

Michael Dodson

Last names Ev-Le, T- Zu

LaShaunda Pankey

Last names Li-Ry

Richard Myers


Last names

## Get Up to the Minute News!


Butler's Website

 [facebook.com/butlerHS](https://facebook.com/butlerHS)

School Calendar

 [butlerbulldawgs](https://twitter.com/butlerbulldawgs)

Our Athletic Page

 [butler\\_high\\_school](https://instagram.com/butler_high_school)

Student/Parent Handbook

David W. Butler High School  
1810 Matthews-Mint Hill Rd.  
Matthews, NC 28105  
(980) 343-6300  
[ButlerHigh@cms.k12.nc.us](mailto:ButlerHigh@cms.k12.nc.us)

# Testing Updates

- 3.1.2025 to 3.14.2025 - ACCESS testing for ML students continues.
- 3.1.2025 to 3.14.2025 - WorkKeys testing for seniors who are CTE concentrators continues.
- 3.11.2025 - Our Juniors will be taking the ACT. All testing locations will be in the 900 building and testing will occur by homeroom. Individual testing locations will be sent out no later than 3.7.2025.

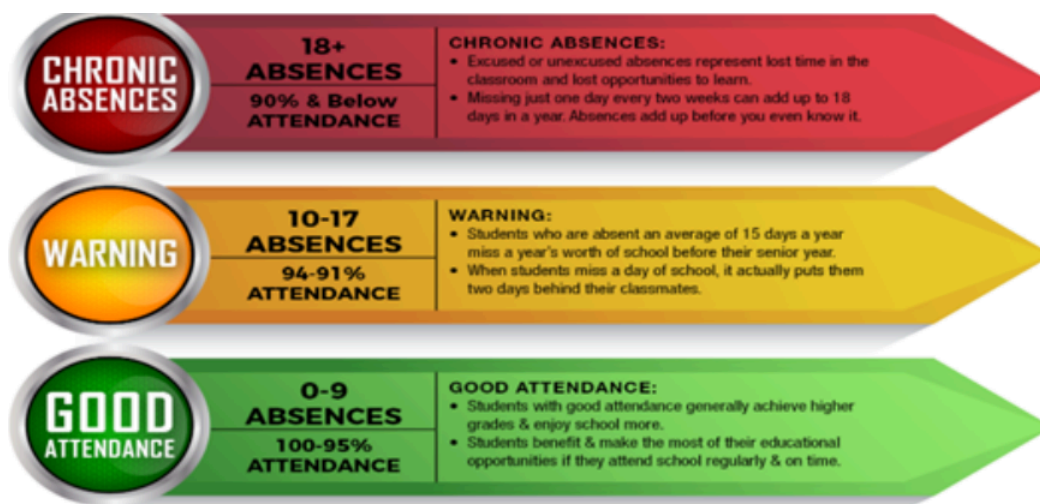
# Graduation Updates

## Spring Graduation Information

- June graduation is **Monday, June 16, 2025 at 3:30 PM**. The graduation will take place at Bojangles Coliseum.
  - Graduates need to be in line at 2 PM on 6/16/25.
- Rehearsal for the June graduation will take place on Tuesday, June 10th, 2025 at 5:30. Rehearsal will take place at Bojangles Coliseum.

# Attendance Matters

Consistent school attendance is crucial for all students. Research shows that students who miss more than 10% of school (about 18 days) are more likely to fall behind academically and may face challenges in graduating on time. As we work together to support every student's success, we encourage you to monitor your child's attendance regularly and ensure they attend school every day, unless they are ill or facing an emergency.



# Free Tutoring for All CMS Students

All CMS students have access to 10 hours per week of free virtual tutoring in English and Spanish, through **Tutor.com**, a digital resource available through ONE Access resources provisioned by the public library. Tutoring is available from 3-12 pm, every day of the week. Students may also upload a paper and receive feedback from a tutor within 24 hours and this may be done anytime, including during the school day. Students log into ONE Access (and Tutor.com) through the Student Portal.

Information about how to log in and how to upload a paper for feedback are included below:

- **ONE Access login information**
- **How to upload a paper to Tutor.com**

## Other Tutor.com offerings:

### Prepare for a test

- Connect with a tutor
- Prep for the SAT/ACT
  - Full length practice tests
  - Detailed score reports
  - Engaging video lessons
  - Powerful practice drills
- Prep for Advanced Placement Tests
  - AP Biology, AP Calculus, AP U.S. History, & AP World History

### Get Help Finding a Job

- Connect with a career coach
- Drop off a resume for review
- Search online job resources



# Congratulations!

## College Bound!

We want to celebrate our Butler Seniors. If your Senior received an acceptance letter from any 2 or 4 year college, trade school, military acceptance papers, or scholarship awards, please have your student use the link below on their CMS Chromebook to complete the Google Form and attach their letter of acceptance. We want to celebrate them and post their name along with the school name on the College Board in the Main Hallway! The more the merrier!

<https://bit.ly/bhcelebrate>

\*\*=Scholarships



<p><b><u>Sophia Andrews</u></b> UNC Asheville UNC Charlotte</p>	<p><b><u>Jonah Bright</u></b> NC State</p>	<p><b><u>Maya Falcon</u></b> NC State</p>
<p><b><u>Luke Harmon</u></b> University of Tennessee** Clemson University of Illinois</p>	<p><b><u>Jaelynn Jackson</u></b> East Carolina Radford University** Wingate</p>	<p><b><u>Olivia Kassebaum</u></b> Appalachian State The Citadel UNC Charlotte</p>
<p><b><u>Lexi Lodahl</u></b> Appalachian State East Carolina NC Teaching Fellows** NC State UNC Charlotte</p>	<p><b><u>Morgan Lodahl</u></b> Appalachian State** East Carolina East Tennessee State Elon University** High Point University** Limestone University UNC Charlotte University of South Carolina</p>	<p><b><u>Kaitlyn Semm</u></b> Clemson NC State UNC Wilmington University of South Carolina</p>
<p><b><u>Karina Uruskiy</u></b> Appalachian State</p>	<p><b><u>Arianna Wilson</u></b> American University** Elon University** Marquette University** UNC Chapel Hill Wingate University**</p>	



# News from Dream Team

**SAY SOMETHING**

 **SAVE**  
PROMISE LIFE

**4TH BLOCK FRIDAY, MARCH 28**  
***Turn Against Violence***  
**BASKETBALL TOURNAMENT**

**\$5 SPECTATOR TICKET** **Online Ticket Sales ONLY** **\$20 PER TEAM**

 <https://osp.osmsinc.com/cms/> 

**March 3-24**  
Must be in good academic standing  
Upt to 4 players on a team



**SAY SOMETHING** **SAY SOMETHING**

**ONLY 3 STEPS**

- 1. Look for Warning Signs**  
Signals & Threats
- 2. Act Immediately.**  
*Take it Seriously*
- 3. Say Something**  
to a Trusted Adult



**SAY SOMETHING** **SAY SOMETHING**

**WARNING SIGNS**

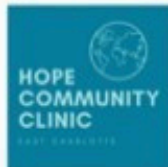
- bullying or direct threats
- expressing a threat as a plan
- thoughts of harm
- bragging about access to guns/weapons
- recruiting for an attack
- chronic loneliness or social isolation
- excessive irritability
- suddenly withdrawing from family/friends



# The System of Care Wellness and Career Development Workshop Powered by Transforming Youth Movement Inc (TYM)

Join Us for an Inspiring Experience of Self-Discovery and Transformation.  
Together, Let's Cultivate a Healthier, Happier You!

## COLLABORATORS



February 22nd  
2336 Freedom  
Drive Suite C,  
Charlotte  
NC28208

March 8th  
700 N Tryon St,  
Charlotte NC 26202  
VAPA Center

April 26th  
700 N Tryon St,  
Charlotte NC 26202  
VAPA Center

12pm-3pm

Register Now



33 Slots available. The first 33 youth to sign up for the date selected will be registered for the date selected. Any additional youth will be added to waiting list and contacted to register for a different available date.

INDEPENDENCE HIGH SCHOOL

DE-STRESS

FEST

BREAKOUT SESSIONS

FOR PARENTS & TEENS

With so many different things going on, life can be stressful! But, there are many ways to deal with its ups and downs.

March 20th, 2025  
from 6-7:30pm

1967 Patriot Dr  
Charlotte, NC

RSVP by March 12th



EVENT TOPICS:

Coping Strategies • Substance Prevention/Intervention  
Parenting Tips • Health & Wellness Resources



WE'RE HERE TO  
HELP!



We invite Charlotte Mecklenburg Students to join one or more of our **FREE Virtual Events** by clicking /scanning the links below to register.



### 3/4 @ 6:00pm What Are Boundaries

Targeted Audience: Elementary School  
Link to Register: <https://bit.ly/438uZkx>



### 3/6 @ 6:00pm Setting Healthy Boundaries in Friendships

Targeted Audience: Middle Schoolers  
Link to Register: <https://bit.ly/4ic8sYG>



### 3/11 @ 6:00pm Creating Personal Boundaries in Relationships

Targeted Audience: High Schoolers  
Link to Register <https://bit.ly/4gRGUXe>



### 3/13 @ 6:00pm How to be a Good Friend with Boundaries

Targeted Audience: Elementary School  
Link to Register: <https://bit.ly/436w9gH>



### 3/18 @ 6:00 pm How to Stick with our Boundaries

Targeted Audience: Middle Schoolers  
Link to Register <https://bit.ly/3EMBaRj>



### 3/20 @ 6:00pm Navigating Conflict in Friendships

Targeted Audience: High schoolers  
Link to Register: <https://bit.ly/3EQtgq4>



### 3/25 @ 6:00 pm Resolving Friend Fights

Targeted Audience: Elementary School  
Link to Register: <https://bit.ly/3CRt2yt>



### 3/27 @ 6:00pm Conflict Resolution: Turning Arguments into Solutions

Targeted Audience: Middle Schoolers  
Link to Register <https://bit.ly/41rZj8E>

SPARC is pleased to present these virtual trainings through the support of MeckHope. These groups are open to any school aged youth in Mecklenburg County.

- **Registration is required. The groups are limited to 8 individuals.**
  - **Click on the link to register to register to attend any event you're interested in. Registration closes 2 hours prior to an event beginning.**
  - **Parent/Guardian consent is required for any youth to participate. The link to the consent form is included with the registration. You only need to complete the consent one time, not for each group attended.**
  - **If you register for an event and we do not have the completed consent form 2 hours prior to the event, you will be contacted by the facilitator and will not be allowed to join the event.**
  - **Each month, there will be a new series of group topics to choose from.**
- You can participate in as many groups as you wish**







# Helping Children and Adolescents Cope With Traumatic Events

Every year, children and adolescents experience disasters and other traumatic events. Family, friends, and trusted adults play an essential role in helping youth cope with these experiences.

## How do children and adolescents respond to traumatic events?

It is typical for children and adolescents to have a range of reactions after experiencing or witnessing a traumatic event, such as a natural disaster, an act of violence, or a serious accident.

### Regardless of age, children and adolescents may:

- Report having physical problems such as stomachaches or headaches.
- Have nightmares or other sleep problems, including refusing to go to bed.
- Have trouble concentrating.
- Lose interest in activities they normally enjoy.
- Have feelings of guilt for not preventing injuries or deaths.
- Have thoughts of revenge.

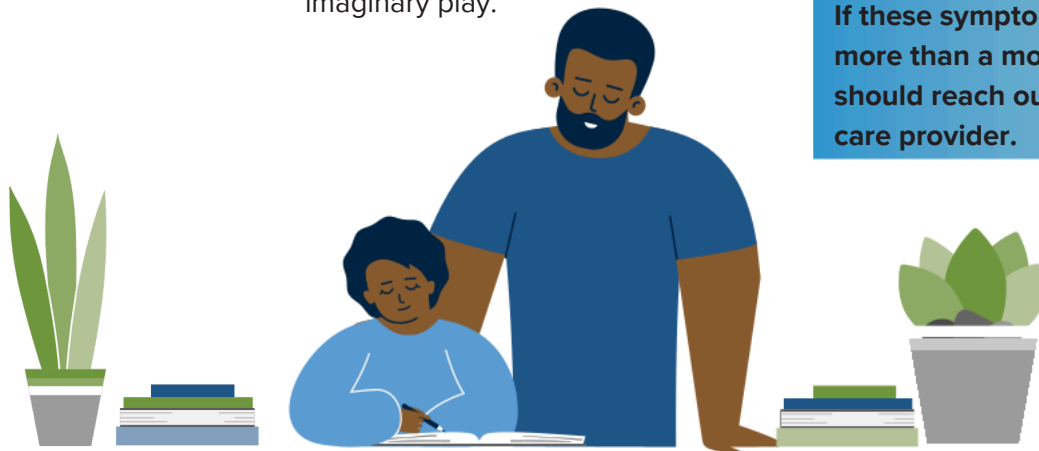
### Young children (age 5 and younger) may:

- Cling to caregivers and/or cry and be tearful.
- Have tantrums, or be irritable or disruptive.
- Suddenly return to behaviors such as bed-wetting and thumb-sucking.
- Show increased fearfulness (for example, fear of the dark, monsters, or being alone).
- Incorporate aspects of the traumatic event into imaginary play.

### Older children (age 6 and older) and adolescents may:

- Have problems in school.
- Withdraw or become isolated from family and friends.
- Avoid reminders of the event.
- Use drugs, alcohol, or tobacco.
- Be disruptive, disrespectful, or destructive.
- Be angry or resentful.

**Many of these reactions are normal and will lessen with time. If these symptoms last for more than a month, the family should reach out to a health care provider.**



## What can adults do to help?

How adults respond to trauma can strongly influence how children and adolescents react to trauma. When caregivers and family members take steps to support their own ability to cope, they can provide better care for others.

Caregivers and family members can help by creating a safe and supportive environment, remaining as calm as possible, and reducing stressors. Children and adolescents need to know that their family members love them and will do their best to take care of them.

### Do:

- Ensure children and adolescents are safe and that their basic needs are addressed.
- Allow them to be sad or cry.
- Let them talk, write, or draw pictures about the event and their feelings.
- Limit their exposure to repetitive news reports about traumatic events.
- Let them sleep in your room (for a short time) or sleep with a light on if they are having trouble sleeping.
- Try to stick to routines, such as reading bedtime stories, eating dinner together, and playing games.
- Help them feel in control by letting them make some decisions for themselves, such as choosing their meals or picking out their clothes.
- Pay attention to sudden changes in behaviors, speech, language use, or strong emotions.
- Contact a health care provider if new problems develop, particularly if any of the following symptoms occur for more than a few weeks:
  - Having flashbacks (reliving the event)
  - Having a racing heart and sweating
  - Being easily startled
  - Being emotionally numb
  - Being very sad or depressed

### Don't:

- Expect children and adolescents to be brave or tough.
- Make them discuss the event before they are ready.
- Get angry if they show strong emotions.
- Get upset if they begin bed-wetting, acting out, or thumb-sucking.
- Make promises you can't keep (such as "You will be OK tomorrow" or "You will go home soon.")

## Where can I find help?

The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a Disaster Distress Helpline, which provides immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. The helpline is free, multilingual, confidential, and available 24 hours a day, 7 days a week. You can call or text the helpline at 800-985-5990 or visit the helpline website at <https://disasterdistress.samhsa.gov>.

SAMHSA also provides the Behavioral Health Treatment Services Locator, an online tool for finding mental health services in your area. Find treatment programs in your state at <https://findtreatment.samhsa.gov>. For additional resources, visit [www.nimh.nih.gov/findhelp](http://www.nimh.nih.gov/findhelp).

If you, your child, or someone you know is in immediate distress or is thinking about hurting themselves, call 911 or call the **National Suicide Prevention Lifeline** toll-free at 1-800-273-TALK (8255). You also can text the **Crisis Text Line** (HELLO to 741741) or use the Lifeline Chat on the National Suicide Prevention Lifeline website at <https://suicidepreventionlifeline.org>.

## Where can I find more resources?

National Institute of Mental Health:  
Coping With Traumatic Events  
[www.nimh.nih.gov/copingwithtrauma](http://www.nimh.nih.gov/copingwithtrauma)

National Institute of Mental Health:  
Child and Adolescent Mental Health  
[www.nimh.nih.gov/children](http://www.nimh.nih.gov/children)

Centers for Disease Control and Prevention:  
Caring for Children in a Disaster  
[www.cdc.gov/childrenindisasters](http://www.cdc.gov/childrenindisasters)

National Child Traumatic Stress Network  
[www.nctsn.org](http://www.nctsn.org)



NIH Publication No. 22-MH-8066

[www.nimh.nih.gov](http://www.nimh.nih.gov)

Follow NIMH on  
Social Media @NIMHgov



# Student Services Resources



Senior Appointment  
Calendar



Common Black College  
Application



Common Application



Federal Student Aid



Senior Brag Sheet



Student Services  
Website



Residency  
Determination Service



Herff Jones : Cap&Gown



Khan Academy



College Board SAT  
Practice



Free ACT Practice Test &  
Resources



Parent Power School



StudentSquare



ParentSquare





# LAWA PRESENTS

## 2024-2025



# HIGH SCHOOL SERIES WORKSHOPS

FREE Bilingual information sessions for students and caregivers on preparing, planning, and paying for postsecondary education. Learn about college applications, financial aid, career paths, bachelor's & associate degrees, trade and vocational program options, and campus tours.

## PATHWAY EXPLORATION SESSIONS AND MORE!



### Careers in Computer Science and Engineering

**Saturday, September 21st, 2024**

8:30 am - 1:00 pm  
University of North Carolina at Charlotte

### Johnson C. Smith Experience

**Saturday, October 5th, 2024**

8:30 am - 1:00 pm  
Johnson C. Smith University



### Queens Open House and Admission Process

**Saturday, November 9th, 2024**

8:30 am - 1:00 pm  
Queens University of Charlotte

### Careers in Nursing and Health Care Management

**Saturday, November 16th, 2024**

8:30 am - 1:00 pm  
Belmont Abbey College



### Careers in Education

**Saturday, February 1st, 2025**

8:30 am - 1:00 pm  
University of North Carolina at Charlotte

### Trade and Vocational Careers

**Saturday, February 8th, 2025**

8:30 am - 1:00 pm  
South Piedmont Community College



### Careers Health Science

**Saturday, February 15th, 2025**

8:30 am - 1:00 pm  
Wingate University

### Careers in Health Science

**Saturday, March 1st, 2025**

8:30 am - 1:00 pm  
South Piedmont Community College



### Careers in STEM

Science, Technology, Engineering and Math

**Saturday, March 8th, 2025**

8:30 am - 1:00 pm  
Central Piedmont Community College



FREE TRANSPORTATION FROM SELECT SITES

### SPONSORS



CONTACT US:

704-552-1003

LAWA@LAWANC.ORG

WWW.LAWANC.ORG





# LAWA PRESENTA

## 2024-2025



### HIGH SCHOOL SERIES WORKSHOPS

Sesiones informativas GRATUITAS BILINGÜES para estudiantes y familiares sobre cómo preparar, planificar y pagar la educación postsecundaria. Obtenga información sobre solicitudes de admisión a la universidad, ayuda financiera, alternativas profesionales, licenciaturas, carreras técnicas, opciones de programas comerciales y vocacionales, y recorridos por el campus.

### ¡SESIONES SOBRE CARRERAS Y MÁS!



**Carreras en Informática e Ingeniería**

**Sábado, 21 de Septiembre de 2024**

8:30 am - 1:00 pm

University of North Carolina at Charlotte

**Experiencia en Johnson C. Smith**

**Sábado, 5 de Octubre de 2024**

8:30 am - 1:00 pm

Johnson C. Smith University



**Casa abierta en Queens y Proceso de Admisión**

**Sábado, 9 de Noviembre de 2024**

8:30 am - 1:00 pm

Queens University of Charlotte

**Carreras en Enfermería y Administración de Ciencias de la Salud**

**Sábado, 16 de Noviembre de 2024**

8:30 am - 1:00 pm

Belmont Abbey College



**Carreras en Educación**

**Sábado, 1 de Febrero de 2025**

8:30 am - 1:00 pm

University of North Carolina at Charlotte

**Carreras Técnicas y Vocacionales**

**Sábado, 8 de Febrero de 2025**

8:30 am - 1:00 pm

South Piedmont Community College



**Carreras en Ciencias de la Salud**

**Sábado, 15 de Febrero de 2025**

8:30 am - 1:00 pm

Wingate University

**Carreras en Ciencias de la Salud**

**Sábado, 1 de Marzo de 2025**

8:30 am - 1:00 pm

South Piedmont Community College



**Carreras en STEM**

Ciencia, Tecnología, Ingeniería & Matemáticas

**Sábado, 8 de Marzo de 2025**

8:30 am - 1:00 pm

Central Piedmont Community College



TRANSPORTE GRATUITO DESDE SITIOS SELECCIONADOS

#### PATROCINADORES

BANK OF AMERICA



Brighthouse FINANCIAL



CONTACTENOS:

704-552-1003

LAWA@LAWANC.ORG

WWW.LAWANC.ORG





# LAWA SCHOLARSHIPS

**APPLICATION WINDOW**  
12.14.24 - 03.16.25

**APPLY ONLINE**  
[www.lawanc.org](http://www.lawanc.org)



**CONTACT US**  
[scholarships@lawanc.org](mailto:scholarships@lawanc.org)

## OPEN ADMISSION

## 2025-2026

Available to all Latino students  
regardless of immigration status



**TO ADVANCE THE EDUCATION & QUALITY OF LIFE OF LATINOS IN THE CHARLOTTE REGION**

### REQUIREMENTS

- 2.5+ GPA New Youth Applicants, 3.0 GPA for Currently Enrolled and Renewal Applicants
- Graduated from High School between years 2022-2025
- Reside in one of the following counties: Mecklenburg, Cabarrus, Gaston, Iredell or Union
- Household Proof of Income
- 2 Letters of Recommendation
- Personal Essay
- Official Transcript
- College or Trade School acceptance letter
- Community Involvement

### REASONS TO BECOME A LAWA SCHOLAR

- Opportunity to receive additional matching funds from our 8 partner colleges/universities
- Scholarships are renewable for up to three additional years, supporting students for up to a total of four years of undergraduate education
- Access to wraparound college and career supports through College Hacks Workshops and Mentorship
- Build your social capital with community and corporate partners through LAWA events





# BECAS DE LAWA

VENTANA DE APLICACIONES  
12.14.2024 - 03.16.2025

APLICA EN LÍNEA  
[www.lawanc.org](http://www.lawanc.org)



CONTÁCTANOS  
[scholarships@lawanc.org](mailto:scholarships@lawanc.org)

## ADMISIONES ABIERTAS

### 2025-2026

Disponible para estudiantes  
Latinos/as sin importar su estatus  
migratorio

MEJORAR EL ACCESO A EDUCACIÓN SUPERIOR Y CALIDAD DE VIDA DE LOS LATINOS EN CHARLOTTE

### REQUISITOS

- Promedio de 2.5 o más para nuevos aplicantes. 3.0 para estudiantes actualmente inscritos en la universidad o renovaciones.
- Haberse graduado de la Escuela Secundaria entre los años 2022-2025
- Residir en uno de los siguientes condados: Mecklenburg, Cabarrus, Gaston, Iredell o Union
- Comprobante de ingresos del hogar
- 2 cartas de recomendación
- Ensayo Personal
- Registro de calificaciones
- Carta de aceptación a la universidad o escuela vocacional
- Participación en la comunidad

### RAZONES PARA CONVERTIRSE EN UN BECARIO DE LAWA

- Oportunidad de recibir ayuda financiera adicional por parte de una de nuestras 8 Instituciones de Educación Superior asociadas
- Las becas son renovables por hasta tres años adicionales y apoyando a los estudiantes por hasta un total de cuatro años de educación universitaria.
- Acceso a capacitaciones educativas y profesionales por medio de nuestros talleres de tutoría y "College Hacks"
- Construye tu capital social con socios comunitarios y corporativos per medio de eventos organizados por LAWA



# Support Butler PTSO



Please re-link your Harris Teeter VIC Cards!

Cards are not automatically re-linked. Program runs August 1st—May 31st .

By linking your Harris Teeter VIC card to **Butler High School PTSO (#1243)**, we will earn a percentage of your Harris Teeter purchases.

There are three ways to link your card:

1. Go directly to the Harris Teeter website and follow their instructions:

Click here: [Harris Teeter VIC Link](#).

2. Ask a cashier at Harris Teeter to link your VIC number to #1243

3. Go to **Pay4SchoolStuff.com** , *Login to your account/Click on your student name/select VIC-card/Enter your information.*

Click here: [Pay4SchoolStuff](#)

The Publix Partner program has changed!!

You do not need to carry the card.

Click here to sign up: <https://www.publix.com>



- Click on Sign Up to create an account.
- After your email address is confirmed, scroll down to Select a School
- Enter *Butler High School PTS*
- When you shop, mention your phone number to the cashier at checkout.



Amazon Smile

**Only purchases at smile.Amazon.com (not Amazon.com or the mobile app) support charity.**

When you first log onto [Smile.amazon.com](https://smile.amazon.com), select David W. Butler High School PTSO in Matthews as your charity. A percentage of your purchase is donated to Butler.